

# INITIAL TRAUMA HEALING EQUIPPING SESSION

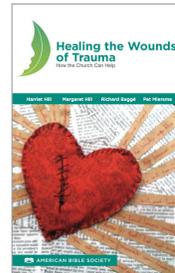


Bible-based Trauma Healing

## About the Program Model

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The proven model of the Trauma Healing Institute uses applied Scripture and mental health principles to address spiritual and emotional wounds caused by trauma of war, violence, natural disasters, and abuse. The book *Healing the Wounds of Trauma: How the Church Can Help* has been translated and taught in over 100 countries with more than 194 language groups in Africa, Asia, the Pacific and the Americas.



## About the Session

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At this initial equipping session, participants learn basic biblical and mental health principles related to trauma care; explore if they themselves are carrying any wounds of trauma or loss and bring those to Christ for healing; learn how to lead groups in a participatory way; learn the program model; and develop plans for using what they have learned in their community.

Trauma healing facilitators aim to “do no harm” to those they help. To this end, participants are evaluated during the equipping session. A simple test measures mastery of content. A short practice facilitation exercise includes feedback on facilitator strengths and suggestions to address areas needing improvement.

This initial equipping session is followed by a 6–9 month practicum in which apprentice facilitators teach at least the core lessons at least two times. The training process is completed with an advanced equipping session.

## About the Session

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This session is open to laypeople and clergy, including mental health professionals, social justice advocates, NGO workers, and others. Necessary qualifications:

- Able to communicate in English.
- At least 18 years old.
- Have sufficient status to teach others in a community.
- Committed to help trauma survivors.
- Able to attend the entire session.
- Able to give at least 2 weeks per year to trauma healing.

## About Us

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The *Trauma Healing Institute* at American Bible Society equips and supports a global community of workers in trauma care, helping local churches, national Bible Societies and other NGOs bring Bible-based trauma healing to the world’s hurting people. See our site at [TraumaHealingInstitute.org](http://TraumaHealingInstitute.org).

## Facilitators

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